



The Helping Hands Ministry exists to help people in their time of need. We want to bless families who have emergency situations such as surgeries and illnesses, as well as families preparing meals at times of births or death. This year we have helped so many and by doing so we have been blessed.

Here are some guidelines we use:

### **Pregnancies**

Natural or Caesarian Section delivery – one week of meals (3) divided according to individual needs.

### **Surgeries and Illnesses**

Minor Emergencies or planned surgeries: one week of meals (3).

We want to provide for everyone's needs. So if you know you are having an operation please make plans and prepare food in advance for your family after the first week

Major Emergency Surgery: two weeks of meals (6)

Long-term care – Visit bi-monthly.

### **Funeral**

Provide a funeral dinner at the request of the family. We will send flowers for members of the church who die. For immediate family members we set up a memorial fund. We will attend visiting hours.

### **Cards and Letters**

Sends cards and letters of encouragement, get well, sympathy (whatever the case may be) to those in our church who are going through difficulties.

**WE NEED YOU** – Anyone who is willing and able to be on the Helping Hands rotation list to prepare these meals, run errands or assist in anyway, please contact the coordinators. This is a great ministry and a great way to be a blessing. We hope that EVERYONE will be involved in this ministry -- this is something that can make a true difference!

Serving Him by serving you,

Alberta Balsinger  
Amy Shorb  
Helping Hands Coordinators