



SMILZ 'N' INSPIRATION

A church-goer wrote a letter to the editor of a newspaper and complained that it made no sense to go to church every Sunday. "I've gone for 70 years now," he wrote, "and in that time I have heard something like 5,000 sermons. But for the life of me, I can't remember a single one of them. So, I think I'm wasting my time and the pastors are wasting their time by giving sermons at all."

The church-goer's letter started a real controversy in the *Letters to the Editor* section, much to the delight of the editor. The controversy went on for weeks until someone submitted the following.

"I've been married for 54 years now. In that time my wife has cooked some 32,000 meals. But, for the life of me, I cannot recall the entire menu for a single one of those meals. But I do know this. They all nourished me and gave me the strength I need to do my work. If my wife had not given me these meals, I would be physically dead today. Likewise, if I had not gone to church for nourishment, I would be spiritually dead today!"

Faith sees the invisible, believes the incredible and receives the impossible! Thank God for our physical and our spiritual nourishment.

Submitted by **Harriett Lytle**



L'Ultima Cena, Firenze, Italia—by Andrea del Castagno